



# ARMOR OF GOD

EPHESIANS 6:10-17

## GOAL

**To teach children how to put on the full armor of God so that they are able to stand strong against the devil's evil schemes.** This lesson also aims to help them understand that struggles with fear, confusion, guilt, doubt, discouragement, and even rejection are not always against physical enemies, but many times are against the forces of darkness in the spiritual realm. In order to defeat this unseen enemy battle by battle, the belt of truth, the breastplate of God's righteousness, the Gospel of peace, the shield of faith, the helmet of salvation, and the sword of the Spirit must all be worn.

## CHARACTERS

**The Soldier of God:** A warrior of righteousness who is warned that his struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms. Because of this dark and constant battle, soldiers of God are commanded to be prepared and put on the full armor of God.

## MEMORY VERSE

**Ephesians 6:11:** Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

## MEMORY VERSE MEANING

**Ephesians 6:11:** We are commanded to be prepared for battle. The alternative is to be conquered by the enemy. Each piece of armor is absolutely necessary for defense or offense and enables us to protect ourselves while fighting aggressively against Satan's kingdom of darkness.



## OVERVIEW

**Read Ephesians 6:10-17:** This analogy of putting on the full armor of God follows the example of a Roman soldier and describes the necessary armor to defend against the attacks of the enemy and offensively overcome his evil schemes. It is a picture of a soldier fully equipped for battle and trained in the strategy to win. By putting on the full armor of God, the first thing the soldier puts on is the belt of truth, which is the foundation for every other item of warfare. The soldier will then put on the breastplate of God's righteousness, which gives the soldier protection against lies and accusations, because the perfect and holy righteousness of God is enough. The soldier's feet are fitted with the readiness of the Gospel, which gives the soldier strength and balance in battle, even in rough and uneven terrain. The soldier kneels behind the shield of faith, as the soldier believes every word of the great Commander. The helmet of salvation protects the soldier's head—the battlefield of the mind—where the enemy seeks control. Finally, the sword of the Spirit is the active and living Word of God that is powerful enough to not only pierce the enemy, but also to mortally wound him. It is God's Word that will make the final blow to end the reign of Satan forever.

## SUGGESTIONS

**Use the illustration provided to review each piece of armor worn by the Roman soldier:**

- 1. Belt:** The belt is the first thing the soldier puts on; it supports all other important pieces of armor and weaponry.
- 2. Breastplate:** The breastplate protects the soldier's vital organs, such as the heart and lungs. Without it, one blow from the enemy could quickly kill him.
- 3. Combat shoes:** Preparation with the right shoes—with superior traction and strength—will protect the soldier's feet and help to maneuver skillfully and swiftly against the enemy with confidence.
- 4. Shield:** The shield protects the soldier from arrows and blows of the enemy's sword. The soldier is ready to deflect at a moment's notice.
- 5. Helmet:** The helmet protects the soldier's head from the blows of the enemy's sword and the onslaught of fiery arrows.
- 6. Sword:** The skillful use of the double-edged sword is powerful and deadly against the enemy.



## QUESTION & ANSWER

### SLIDE 1



**Q1a:** Who is in God's army?

**A1:** All those who believe that Jesus is their Lord and Savior.

**Q1b:** Do you have a favorite superhero? Who is the main enemy he or she fights?

**TN:** Superheroes can help students relate to the spiritual battle being discussed in this lesson. They fight for justice and to protect the weak from evil villains.

### SLIDE 2



**Q2a:** What has God given us for protection in the battle against Satan's lies?

**A2:** The armor of God

**Q2b:** In your daily life, what do you wear that is kind of like armor?

**TN:** This question is to get students to realize that the concept of the armor of God isn't all that strange. They likely wear helmets when riding their bikes, jackets to keep them warm in the winter, and sunscreen to protect them from getting sunburns.

### SLIDE 3



**Q3a:** What holds all of the armor of God in place?

**A3:** The belt of truth



## QUESTION & ANSWER

### SLIDE 4



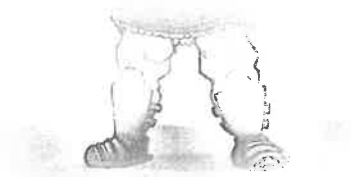
**Q4a:** What does the breastplate of righteousness protect?

**A4:** Our hearts

**Q4b:** What scares you?

**TN:** This question doesn't have to be too deep. It may be best for you to start off this discussion by naming something small that scares you—something like the dark, bugs, or being home alone. The conversation should focus not so much on the fear or why the students are afraid of these things, but on how God is always with them.

### SLIDE 5



**Q5a:** Where does Satan's army like to fight?

**A5:** In the dark

**Q5b:** What kind of problems might you have while trying to hike a steep, rocky mountain wearing flip flops.

**TN:** The goal of this question is to show the students that if they tried to hike wearing flip flops, they would be focusing on the ground and how to maneuver without stubbing toes or cutting their exposed feet on rocks. They would be focused on the path and not what is around them. When clad in the shoes of the Gospel, we don't have to worry about any obstacle; we can stand firm in the truth and focus on the battle.



## QUESTION & ANSWER

### SLIDE 6

**Q6a:** What does the shield of faith protect us from?

**A6:** Every evil word Satan shoots our way.

**Q6b:** Have you ever said to someone, "Sticks and stones may break my bones, but words will never hurt me"? Did you believe it when you said it?

**TN:** Just like when someone says something mean to us, it can cause serious injury only if we believe it. Our faith should be in what God says we are, and He says we are his children. He says that, through his Son, Jesus Christ, we are the light of the world, righteous, and many other wonderful things. Anything that the enemy tells us that contradicts what God says about us can be deflected with the shield of faith.

### SLIDE 7



**Q7a:** What does Satan want to fill our heads with?

**A7:** Things that aren't true.

### SLIDE 8



**Q8a:** What is the Sword of the Spirit?

**A8:** The Word of God

**Q8b:** If you had to fight a dragon, what kind of weapon would you choose?

**TN:** Using the Word of God as a weapon sounds like a tactical error. But it is the most powerful weapon God has given us. It shows us the heart of God, which gives us direction in how to live our lives. Living our lives for God is the fastest, surest way to defeat our enemy.



## QUESTION & ANSWER

SLIDE 9

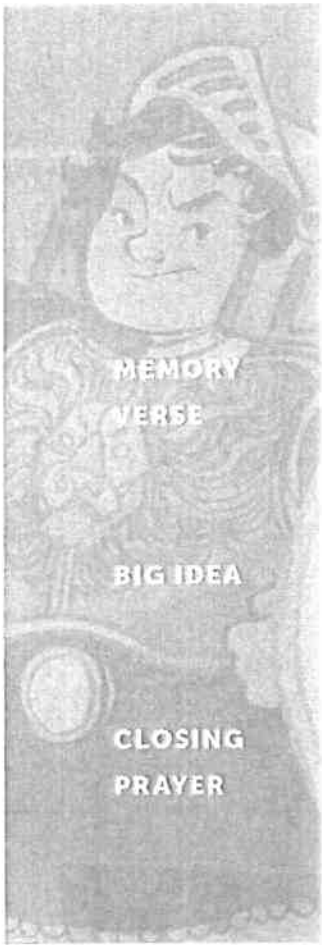


**Q9a:** Who won the battle against Satan?

**A9:** Jesus. Satan was defeated when Jesus died on the cross and rose again.

**Q9b:** If the battle has already been won, why are we still fighting?

**TN:** This one may stump students, but it is important that they understand that they have and will face battles. Through his death and resurrection, Jesus conquered sin and death, through which we are forgiven. The battle we face is to remember that no matter what we say or do, if we love God and believe that Jesus is our Savior, we are loved and forgiven. Nothing—absolutely nothing—can separate us from the love of God. Satan wants us not to believe that. His lies are meant to shame and hurt us, but the armor of God is meant to help protect our hearts and minds.



**Ephesians 6:11** Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

Through Jesus, God has given us everything we need in our battle against Satan.

Dear Lord Jesus, please help us to understand the necessity of being prepared for battle against an enemy who hated you before he ever hated us. We know that Satan seeks to destroy, but we thank you for the weapons of your Word, your righteousness, your power, and your truth that guard and protect us. We pray this in Jesus' name, Amen.

# THE ARMOR OF GOD

## CROSSWORD ANSWER KEY

### Across

2. There is a world we cannot see, where battles are won and lost between God and **(Satan)**.
4. Because the battles are against invisible forces of evil, **(Spiritual)** armor is necessary.
6. Who provides us with the armor we need? **(God)**
8. The sword of the **(Spirit)**, is God's living and active Word.
9. The belt of **(Truth)** clears confusion, exposes lies from the enemy, and reveals the invisible world.

### Down

1. The **(Breastplate)** guards the heart and soul from Satan's lies, and arrows of guilt and fear.
3. Wearing the helmet of **(Salvation)** will protect you from weapons of discouragement. It will bring you assurance in God's promises and confidence.
4. In order for a warrior to stand firm and grounded in truth, he or she must put on good fighting **(Shoes)**.
5. God's soldiers bring the shield of **(Faith)**, to deflect arrows of doubt, fear, and worry.
7. All the powers of Satan cannot take down one soldier who is protected with the whole **(Armor)** of God.

# THE ARMOR OF GOD

**Ephesians 6:11**

Put on the whole armor of God, that you may be able to stand against the schemes of the devil.



**Family Devotional**



UNLOCK  
CODE!

**b2y1k8**

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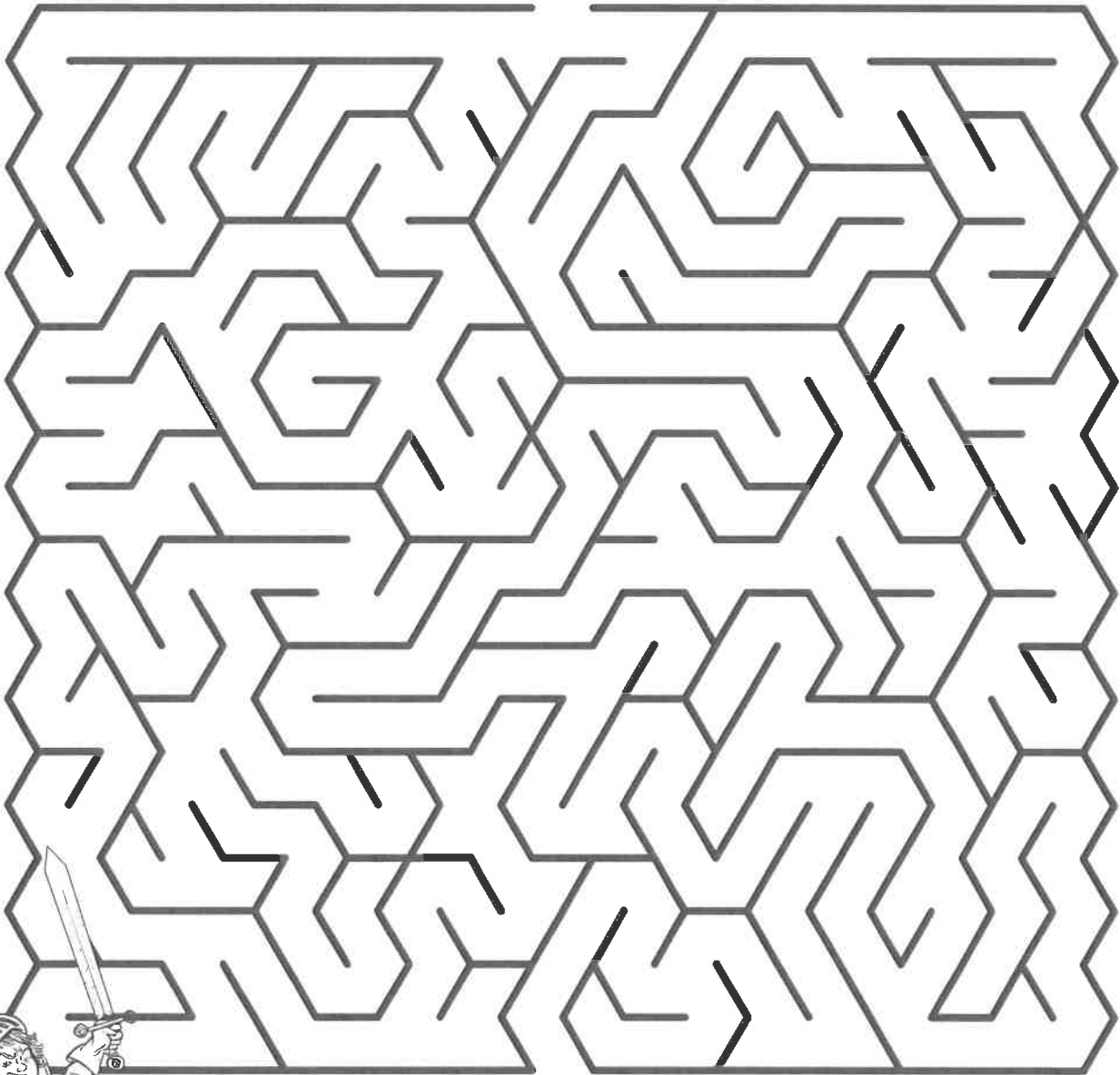


# THE ARMOR OF GOD

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Find the way to the Armor of God

START



END



# THE ARMOR OF GOD

Spot 8 differences between the two pictures.





# THE ARMOR OF GOD



Discover the hidden words.

E	K	S	X	S	B	Z	P	K	C	C	R	G	Q	T
K	K	Q	E	Q	F	T	O	K	V	L	X	B	S	O
Q	W	O	P	Z	D	H	T	N	A	I	U	I	Z	N
V	H	B	R	E	A	S	T	P	L	A	T	E	O	N
S	M	R	Q	P	S	A	R	R	O	W	S	I	B	J
A	D	A	A	P	L	X	O	S	R	N	T	V	A	S
K	I	T	I	E	L	Z	P	I	R	A	Q	U	T	K
T	X	R	U	J	F	E	W	O	V	K	H	Z	T	B
S	I	K	Z	H	J	B	X	L	C	C	Q	Z	L	O
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Z	H	I	A	W	H	S	O	P	Z	D	O	S	E	T
K	A	T	B	E	M	R	A	D	P	F	B	T	T	R
F	A	I	D	N	O	W	Z	X	B	Y	H	O	O	U
S	X	E	Y	R	I	W	D	J	O	M	T	N	G	T
A	M	Q	A	R	M	O	R	A	C	K	R	N	M	H

## Word Bank

BATTLE  
GOD  
SATAN  
ARMOR

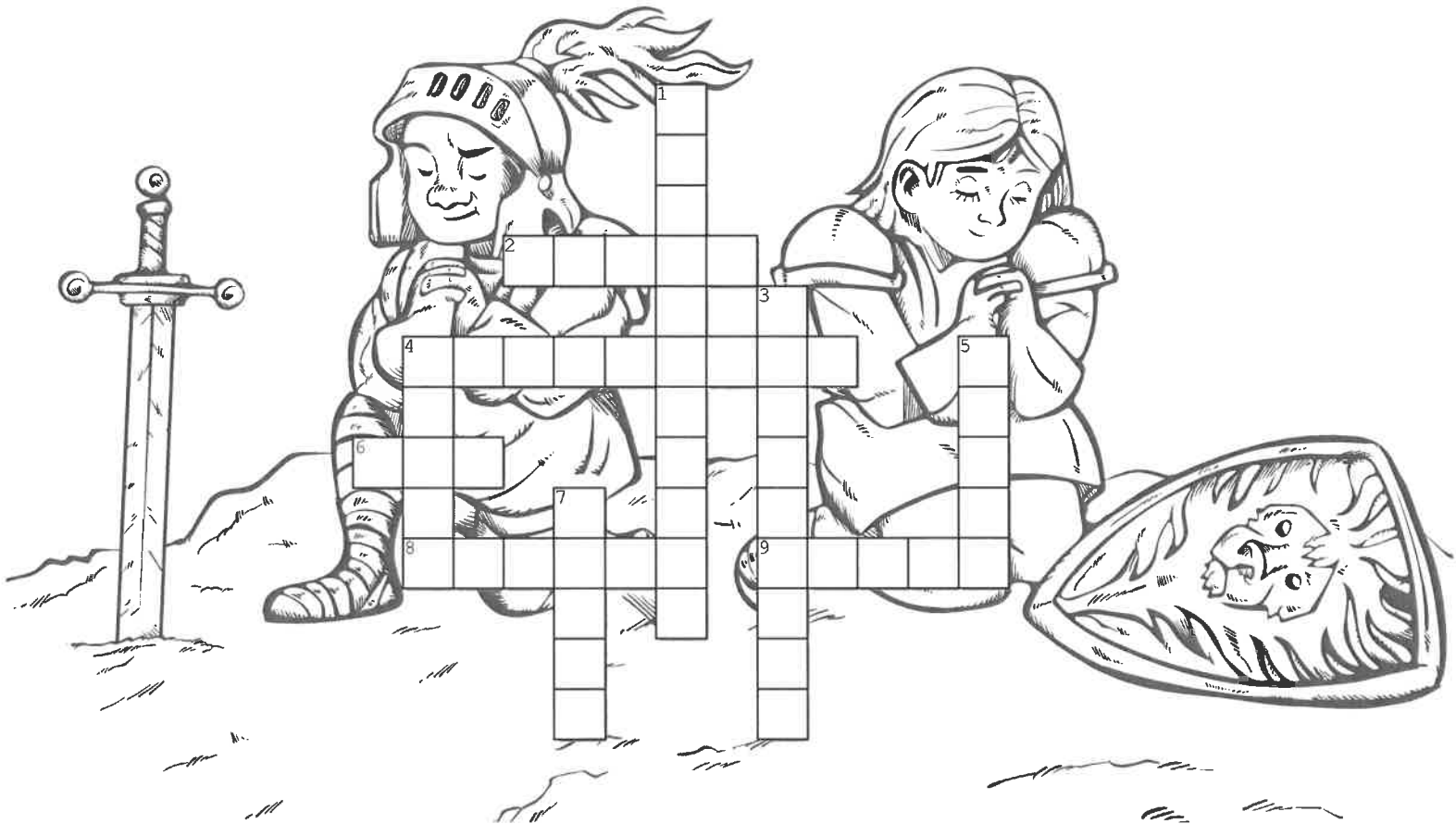
SPIRIT  
TRUTH  
BREASTPLATE  
SALVATION

SHOES  
FAITH  
ARROWS  
FEAR



# THE ARMOR OF GOD

## Ephesians 6:10-17



### Across

2. There is a world we cannot see, where battles are won and lost between God and \_\_\_\_\_.
4. Because the battles are against invisible forces of evil, \_\_\_\_\_ armor is necessary.
6. Who provides us with the armor we need?
8. The sword of the \_\_\_\_\_, is God's living and active Word.
9. The belt of \_\_\_\_\_ clears confusion, exposes lies from the enemy, and reveals the invisible world.

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7. All the powers of Satan cannot take down one soldier who is protected with the whole \_\_\_\_\_ of God.

